

Eternal Life

LINK

<http://youtu.be/KSxpnOLsMoM>

GOAL SUMMARY

The goal of this session is reflect on heaven as goal of our life here on earth.

VIDEO SUMMARY

This video talks about our life as a journey that has heaven as its destination. After death, everyone will leave this earth and begin eternal life, either blissfully united (heaven) or painfully separated (hell) from God. Remembering that the purpose of our life is an eternal encounter with God that surpasses our biggest hope, dreams, and desires, helps us endure the struggles and sufferings we experience in life.

DISCUSSION QUESTIONS

1. The Catechism teaches that heaven will satisfy every desire for happiness you've ever had (CCC 1024). Do you hope in that?
2. What can you bring with you to heaven? Are there things keeping you from reaching your destination?
3. What would your reaction be if I told you that for a Christian, death should not be such a scary thing? Why do you think I would say that?
4. Sometimes people use the phrase "YOLO" as an excuse to live selfishly. What's true about that phrase "You Only Live Once"? How should that impact how you live?
5. Before we can enter heaven, we must be ready for such an amazing place. After death, purgatory is a final cleansing of human imperfection before a person's soul can enter into the perfect joy of heaven, to cleanse the person of their attachment to sin (CCC 1472). Why is such a cleansing necessary before going to heaven? Why do people who are not going to heaven also not need to go to purgatory?

SEND

We do not have to fear death because through Christ, we have been redeemed; He has conquered death, so we do not have to fear. Our hope is in Christ. Challenge the young people to consider their own death and the steps they can take to keep heaven as the goal of this journey of life.

Pray together an Act of Hope:

O my God, trusting in your promises and because you are faithful, powerful and merciful, I hope, through the merits of Jesus Christ, for the pardon of my sins, final perseverance and the blessed glory of heaven.